

Attachment 2 (e)
Course Specifications

Kingdom of Saudi Arabia
The National Commission for Academic Accreditation & Assessment

T6. Course Specifications



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Course Specifications

Institution: University of Hail

Date: 2015/2016

College/Department: Preparatory College/ Study Skills Department

A. Course Identification and General Information

1. Course title and code: Public Health Care PPHC-001

2. Credit hours: 2

3. Program(s) in which the course is offered: Preparatory Year

4. Name of faculty member responsible for the course: Dr. Magda Ragab, Dr. Badea Mohamad, Dr. Sohair Shomo, Dr. Naglaa Elsenousi, Dr. Wafa Omar, Dr. Nevien Suofv, Azza Samet, Dr. Eshraga Ali, Dr. Azza Aldel, Shaymaa Aboelnga, Fatema Mansi, Dr. seham Farouq

5. Level/year at which this course is offered: Preparatory Year /First Semester 2016/2017

6. Pre-requisites for this course (if any): None

7. Co-requisites for this course (if any): None

8. Location if not on main campus: (only in female section)

9. Mode of Instruction (tick (✓) the appropriate box):

a. Traditional classroom

What percentage?

10 %

b. Blended (traditional and online)

What percentage?

c. E-learning

What percentage?

d. Correspondence

What percentage?

f. Other

What percentage?

90 %

Comments: The others are Training Bag



B. Objectives

1. What is the main purpose for this course?

- 1-Acquire knowledge of disease prevention and wellness.
- 2-Distinguish among infectious diseases and infection control measures
- 3-Present plans for personal and community-wide disease prevention and wellness.
- 4-Compare and contrast methods to optimize environmental health concerns.
- 5-Increase understanding of health and ability to make lifestyle decisions that will improve health and quality of life.

2. Briefly describe any plans for developing and improving the course that are being implemented. (e.g. increased use of IT or web based reference material, changes in content as a result of new research in the field)

The director of our department should arrange the field trips for students to increase their practical experience. We can show them diseased person in the hospital or we should visit in factories and industries to understand and personally observe the health problems of their workers

We can arrange and organize all this with the help of University management.

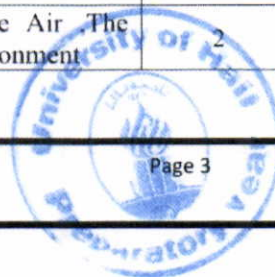
C. Course Description (Note: General description in the form used in Bulletin or handbook)

Course Description:

This course will help you to acquire the integrated approach to the definition of the importance of health in the life and the relationship between health and the environment, as well as provide students a comprehensive and healthy culture and methods of prevention of diseases, compare and contrast methods to optimize environmental health concerns and increase understanding of health and ability to make lifestyle decisions that will improve health and quality of life as well as first aid for some emergency cases.

1. Topics to be Covered:

List of Topics	No. of Weeks	Contact hours
Definition of health and disease, and basic aspects of public health and The new type of diseases causing death: Diabetes Mellitus, Heart Problems ; Risk Factors for Cardiovascular Disease and Coronary Artery Disease kidney failure and Cancer	3	9
Healthy Environment, Environmental Awareness Clearing the Air ,The Quality of Our Drinking Water Working Toward a Healthy Environment	2	6



Healthy Eating for Healthy Living: Dietary Theories, Unhealthy Eating Behaviour, and Personal Nutrition, What You Need to Know About Nutrients, Food Safety Additives: Risks versus Benefits What Causes Food Poisoning.	3	9
Protecting Ourselves From Infectious Diseases, Understanding Infection Agents of Infection. The Process of Infection , How Your Body Protects Itself Immunization: The Key to Prevention Diseases	2	6
Infectious Diseases According To Mode Of Transmission; Common Cold, Influenza, poliomyelitis, chicken box, lieshmania and Hepatitis	2	6
Maternity And Child Health; pregnancy and child health, benefits of breast feeding for mother and child, vaccinations for the child	2	6
THE FIRST AIDS; first aid's bag, type of accidents and the way of first aid to deal with (wounds, bleeding, injuries,etc) blood grouping and donating	1	3
Final week for : General Review for the Course	1	3

2. Course components (total contact hours and credits per semester):

	Lecture	Tutorial	Laboratory or Studio	Practical	Other	Total
Contact Hours	3 × 15	None	None	None	Power Points	45
Credit	2	None	None	None	None	2

3. Additional private study/learning hours expected for students per week:

1 Hour

4. Course Learning Outcomes in NQF Domains of Learning and Alignment with Assessment Methods and Teaching Strategy

Code #	NQF Learning Domains And Course Learning Outcomes	Course Teaching Strategies	Course Assessment Methods
1.0	Knowledge		
1.1	At the end of the course students should be able to state the basic health information,	Group discussions , valuation the research work	Examination, Quizzes Assessment methods succeeded in measuring this educational outcome by 90% .