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Kingdom of Saudi Arabia
National Commission for
Academic Accreditation & Assessment



المملكة العربية السعودية
الهيئة الوطنية للتقويم
والاعتماد الأكاديمي

ATTACHMENT 5.

Kingdom of Saudi Arabia
The National Commission for Academic Accreditation &
Assessment

T6. Course Specifications
(CS)



Course Specifications

Institution: Hail University	Date: 01/ 03/ 2016.
College/Department: Preparatory Year College / Basic Science Department.	

A. Course Identification and General Information

1. Course title and code: Medical Foundation (PMDC 101).	
2. Credit hours: 2 Hours.	
3. Program(s) in which the course is offered. (If general elective available in many programs indicate this rather than list programs): Prep. Year- Basic Science Program (Medical track). All sections in all branches.	
4. Name of faculty member responsible for the course: <ul style="list-style-type: none">• Dr. Mohamed Abdulhameid Fareid (Course coordinator).	
5. Level/year at which this course is offered: One / Prep. Year.	
6. Pre-requisites for this course (if any): None	
7. Co-requisites for this course (if any): None	
8. Location if not on main campus: Deanship of Preparatory Year - Baqqa Road (male), Aja, Al Hayet, Al Shamili, Al Shinnan, Ghazalah, Baqqa (female),Hail.	
9. Mode of Instruction (mark all that apply):	
a. Traditional classroom	<input checked="" type="checkbox"/> What percentage? <input type="text" value="90 %"/>
b. Blended (traditional and online)	<input checked="" type="checkbox"/> What percentage? <input type="text" value="5 %"/>
c. e-learning	<input type="checkbox"/> What percentage? <input type="text"/>
d. Correspondence	<input type="checkbox"/> What percentage? <input type="text"/>
f. Other	<input checked="" type="checkbox"/> What percentage? <input type="text" value="5 %"/>
Comments: Others such as discussion and research.	

B Objectives

1. What is the main purpose for this course?

This course aimed to import students, the skills that qualify them to join the health colleges. Help students acquire a large English vocabulary of medical terms. Also, develop interest of the students in health care professions and many medical and health issues such as health care environmental health, infection control, safety and security and health education.

2. Briefly describe any plans for developing and improving the course that are being implemented:

- Update the learning resources.
- Using new teaching strategies such as discussion, research and poster.

C. Course Description (Note: General description in the form used in Bulletin or handbook)

Course Description:

Medical Foundation Course is an introductory interdisciplinary course that explores the fundamentals of health sciences as they apply to individuals and populations. Helps students understand the Health concepts, and the links between health determinants, the biological bases of diseases, the measurement of individual health and population health as well as the psychosocial integration of individuals with public health and health problems.

It provides students with basic information and skills needed to enter the health care field. It equips students with an overview of many health care professions, preparing students for entry-level health occupation positions.

1. Topics to be Covered

List of Topics	No. of Weeks	Contact Hours
• Course Overview.	1	2
• Overviews of Health Colleges	1	2
• Overview of Health and Illnesses	1	2
• Health of Individual, Family and Community	1	2
• Community and Public Health	1	2
• Continuity of Care	1	2
• Environmental Health	1	2
• Health of Air, Water and Food	1	2
• Health and Informatics	1	2
• Introduction to Safety and Security	1	2

Midterm Exam (Week 8)		
• Infection Control	1	2
• Culture and Diversity	1	2
• Values and Ethics	1	2
• Health Education		
• Health Care Delivery System	1	2
• Health Care Team	1	2
• Leadership and Management	1	2
• Health Administration		
• Stress Management	1	2
Total	15	30
Final Exam (Week 16)		

2. Course components (total contact hours and credits per semester):

	Lecture	Tutorial	Laboratory or Studio	Practical	Other:	Total
Contact Hours	30 Hrs.	---	---	---	---	30 Hrs.
Credit	2 Hrs.	---	---	---	---	2 Hrs.

3. Additional private study/learning hours expected for students per week: None

4. Course Learning Outcomes in NQF Domains of Learning and Alignment with Assessment Methods and Teaching Strategy

